

## Brief Course Outline

**Course Title:** Spirituality of Muslim Women

**Course Number and Section**

ISLAMSTU

3131B 550

**Instructor Name(s):** Ingrid Mattson

**Instructor Email(s):** imattson@uwo.ca

Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL Brightspace is the official and authoritative source of information for the course.

### Course Description:

An exploration of the spirituality of Muslim women past and present. We begin with a study of the portrayal of women in the Qur'an and the lives of female Companions of the Prophet Muhammad ﷺ whose concerns and perspectives helped shape the development of the early Muslim community. We then look at the roles women have played in the establishment of religious discourses and institutions and discuss the opportunities and challenges Muslim women have to fulfill their religious and spiritual needs in diverse societies.

### Learning Outcomes: one outcome per entry

Engage in respectful and informative discussions with/with other Muslim women which allow them to express their diverse individual and collective spiritual practices and perspectives.

Locate passages in the Qur'an which mention women and gender and explain their relationship to Qur'anic themes and values.

Give a general overview of the Prophet Muhammad's relationship with the female Companions, identifying the methodology you use for creating such a profile.

Describe why women's capacities and social roles are sometimes understood in contrasting ways by different Muslim scholars despite their stated reliance on common normative sources, in particular, the Qur'an and Sunnah.

Identify at least a dozen influential Muslim women spiritual figures, religious authorities or scholars of Islam and evaluate their impact and legacy.

Identify a variety of insightful academic and creative works by Muslim women showing how they have understood/understand the spiritual significance of major life cycles, embodied states and events, including marriage and celibacy, motherhood and childlessness, intimacy and aging.

Identify various ways Muslim women engage with religious discourses to respond to marginalization and oppression in Muslim and non-Muslim spaces.

**Textbooks and Course Materials:**

No textbook. All readings available online or on loan from the library.

**Methods of Evaluation: one assignment per entry**

Assignment	Due Date mm/dd/yy	Weight - %
In class written reflection	01/28/2026	10
In class written reflection	02/25/2026	10
In class written reflection	04/01/2026	10
Book report	02/11/2026	20
Group presentation	03/08/2026	20
Final project or paper	04/14/2026	

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.

Tuesday, December 16, 2025

# Huron Brief Course Outline

## In-course Costs

\$000.00

For Textbooks and Course Materials (below), you are required to include the cost of each textbook or other learning material.

Note whether there are any restrictions that would prevent a student from using a second-hand copy. Here is some suggested text:

- Required textbook: [author, title, edition, publisher, date]. Cost: [insert amount].
  - Or include the weblink of the textbook's publisher site that includes the cost information.
- Students need to purchase this edition. Second-hand or older editions will not be sufficient.
- OR Students are welcome to purchase second-hand or earlier editions of this textbook.
- This course has an optional field trip that costs [insert amount].
- This course has a required field component that costs [insert amount].