

Brief Course Outline

Course Title: **Spiritual Care Assessment & Planning**

Course Number and Section

PASTTHEO

5255B 550

Instructor Name(s): Dale Nikkel

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Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL Brightspace is the official and authoritative source of information for the course.

Course Description:

This course provides students with an introduction to spiritual assessment and planning in the context of spiritual care, counselling and spiritually integrated psychotherapy. Positioned within a multi-faith understanding of spirituality, class work will integrate spiritual, existential and religious dimensions with the clinical concept of assessment while engaging with a variety of entry-to-practice competencies established by the College of Registered Psychotherapists of Ontario (CRPO) including knowledge of the therapist's values and attitudes regarding spirituality, knowledge of human and cultural diversity, tools to identify culturally-relevant resources, the recognition of a variety of assessment approaches, and tools to identify client spiritual strengths and resources along with potential risks.

Learning Outcomes: one outcome per entry

- Demonstrate a theoretical understanding of the dimension of spirituality in the context of spiritual care and psychotherapy
- Critically assess diversity in spiritual and religious definitions and perspectives
- Become familiar with a wide range of contemporary implicit and explicit spiritual assessment and screening tools and perspectives and their relevance in a diverse range of therapeutic contexts and planning
- Develop knowledge of potential integrative challenges and opportunities within assessment, as well as possible dynamics and risks that may impact assessment and planning in diverse practice contexts
- Gain understanding of a variety of entry-to-practice competencies for the CRPO interwoven with themes of spiritual assessment, boundaries and self-awareness

Textbooks and Course Materials:

Course Readings Only

Methods of Evaluation: one assignment per entry

Assignment	Due Date mm/dd/yy	Weight - %
Class Presentation	02/04/2026	20%
Reflection Paper	02/25/2026	10%
Class Presentation	03/11/2026	30%
Assessment Paper	04/01/2026	25%
Class Participation	04/01/2026	15%

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.

Tuesday, December 9, 2025

Huron Brief Course Outline

In-course Costs

\$000.00

For Textbooks and Course Materials (below), you are required to include the cost of each textbook or other learning material.

Note whether there are any restrictions that would prevent a student from using a second-hand copy. Here is some suggested text:

- Required textbook: [author, title, edition, publisher, date]. Cost: [insert amount].
 - Or include the weblink of the textbook's publisher site that includes the cost information.
- Students need to purchase this edition. Second-hand or older editions will not be sufficient.
- OR Students are welcome to purchase second-hand or earlier editions of this textbook.
- This course has an optional field trip that costs [insert amount].
- This course has a required field component that costs [insert amount].