

Brief Course Outline

Course Title:	Theories and Methods in Emotion and Motivation	
Course Number and Section:	PSYCHOL	2750E 550
Instructor Name(s):	Kathryne Van Hedger	
Instructor Email(s):	kvanhedg@uwo.ca	

Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL is the official and authoritative source of information for the course.

Course Description:

Emotion and motivation are separable, but related, psychological features that influence many aspects of daily life. This course provides an introductory foundation to the study of emotion and motivation and explores contemporary research approaches in these areas. We will cover topics such as physiological experiences of emotion, social influences on motivation, and cross-cultural similarities and differences in both emotion and motivation. Additionally, many psychological disorders are characterized by disruptions in emotion or motivation (e.g., anxiety, depression) and this course will include examples from psychopathology or neurodivergence whenever relevant. We will attempt to bridge competing theories, past and present, and students in this course are encouraged to share their own ideas and experiences as they relate to understanding emotion and motivation.

Learning Outcomes:

- Understand theories related to emotion and motivation and apply these theories in scenarios that are reflective of daily life
- Explain a variety of research methods applicable to the study of emotion and motivation and critically assess these methods
- Describe the role of physiological processes in the experience of emotion and identify cross-cultural differences and similarities in emotion and motivation
- Evaluate the impact of disruptions or alterations in emotion and/or motivation as they relate to psychopathology and neurodivergence
- Demonstrate improved written communication and literature reviewing skills, including application of methodological approaches and synthesizing information from multiple sources

Textbooks and Course Materials:

Shiota, M., & Cavanagh, S. R. (2023). *Emotion and Motivation*, 4th Edition. Oxford University Press.

Methods Of Evaluation:

Assignment	Due Date mm/dd/yy	Weight - %
Literature Review: Topic Overview	10/03/2024	5
Literature Review: Search Methods	11/12/2024	5
Fall Term Attendance & Participation	11/29/2024	7.5
Fall Final Exam	12/22/2024	25%
Literature Review: Completed Table	01/16/2025	5
Literature Review: First Draft	02/13/2025	5
Literature Review: Peer Review	02/27/2025	5
Literature Review: Final Draft	03/27/2025	10
Winter Final Exam	04/30/2025	25

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.

Saturday, August 17, 2024