

Brief Course Outline

Course Title: Introduction to Psychology

Course Number and Section:

PSYCHOL

1000 550

Instructor Name(s): Dr. Shelley Cross-Mellor

Instructor Email(s): scrossme@uwo.ca

Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL is the official and authoritative source of information for the course.

Course Description:

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

Learning Outcomes:

- Compare and contrast different theoretical approaches to the study of psychology
- Understand psychology as a science, including research design and methodology used to approach the study of psychology
- Recognize the different structures of the central and peripheral nervous system and their functions
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning
- Discover how we develop as individual human beings, with unique capacities and differences in a social context
- Recognize various psychological disorders, their causes and various treatment approaches
- Students will also have an opportunity, via voluntary participation, to have an active role in the research process and to experience directly how psychological research is performed

Textbooks and Course Materials:

Required Textbook: Passer, M.W., Smith, R.E., Atkinson, M.L., & Mitchell, J.B. (2023). Psychology: frontiers and applications, Eighth Canadian Edition. Whitby, Ontario: McGraw-Hill Ryerson.
(Students need to purchase this edition - must have Connect Access for course; \$99 for e-text+Connect)

Methods Of Evaluation:

Assignment	Due Date mm/dd/yy	Weight - %
Fall Midterm	10/21/25	15
December Exam	Dec. 11-22	25
Spring Midterm	02/10/26	15
April Exam	Apr. 12-30	25
Infographic Assignment	03/20/26	10
Chapter Quizzes	various	8
Research Participation	03/23/26	2

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.

Wednesday, August 13, 2025