

# **Brief Course Outline**

Course Title: Introduction to Personality Theory and Research

Course Number and Section: PSYCHOL 2550A 550

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Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL is the official and authoritative source of information for the course.

#### **Course Description:**

This course covers the history, methodology, and content of the study of personality and individual differences. Topics that will be covered in the course include an introduction to personality theories, an examination of frequently studied personality and individual difference variables, and a consideration of current research and assessment methods.

## **Learning Outcomes:**

PERSONALITY THEORIES: By the end of this course students will be able to discuss, compare, and critically examine major personality theories and how they were developed, as well as how they are relevant to modern society and understandings of individual differences.

PERSONALITY RESEARCH: By the end of this course students will have a comprehensive understanding of personality-relevant research designs and how personality research in psychology is conducted, as well as be able to discuss the findings of interesting personality research studies.

PERSONALITY ASSESSMENT: By the end of this course students will be able to compare various personality assessment methods, as well as understand the typical development process of creating personality assessments.

PERSONALITY TRAITS/INDIVIDUAL DIFFERENCES: By the end of this course students will be able to describe popular personality traits and other individual difference variables, as well as discuss intrapersonal and interpersonal outcomes associated with these variables.

REAL WORLD APPLICATIONS: By the end of this course students will be able to understand how personality material discussed in the classroom applies to real world outcomes and life experiences.

#### **Textbooks and Course Materials:**

There is no required textbook for this course. The optional textbook for this course is:

Title: Personality Psychology Domains of Knowledge about Human Nature Authors: Randy J. Larsen, David M. Buss, David B. King

Edition: Third Canadian Edition

### **Methods Of Evaluation:**

Assignment	Due Date mm/dd/yy	Weight - %
Midterm Exam	May 28, 2025	25%
Final Exam	Final Exam Period	30%
Mini Quizzes	Throughout course, ending June 20, 2025	20%
Personality Assessment Design Project	June 20, 2025	25%

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.

Friday, May 9, 2025