

101 PREP GUIDE:

KNOW BEFORE YOU GO

International and Exchange Pre-Departure Session 2026

Huron
UNIVERSITY





101 PREP GUIDE

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CLICK ON THE IMAGE ABOVE TO VIEW THE HURON 101 PREP GUIDE INTRO VIDEO

STUDENT ENGAGEMENT OFFICE

OUR TEAM



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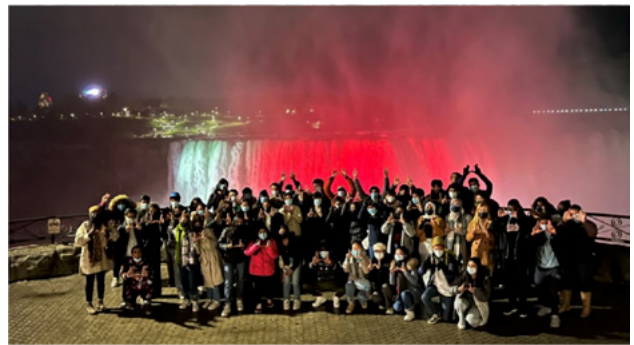
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OUR RESPONSIBILITIES

Student Life/Experience

- International Welcome Week
- Orientation Week
- Year Long Experience
 - Student Support
 - Events & Off-Campus Trips
- International Student Officers
- Sophs

studentlife@huron.uwo.ca



INTERNATIONAL STUDENT ARRIVAL PLAN 2026

MANDATORY

Must be completed by Friday, August 14, 2026 at 9:00 AM EST

Huron Connect Portal > Huron Profile > Arrival Information > complete ALL sections

Congratulations on accepting your offer to Huron!

We are very excited to welcome our incoming class and support our Abroad and International Students as they travel to Canada and Huron University for the first time.

Completion of this form is **MANDATORY** for all incoming Abroad and International Students for term **Fall/Winter 2026**.

Please complete all sections by clicking on the left-side menu buttons, ensuring **to save your details on each page before moving to the next section!** Please update this form if your information or statuses change and we will receive your changes.

This form must be completed by:

August 14, 2026 at 9:00 AM EST.

Please submit your Arrival Plan form in English.

Please click [Huron Arrival Information Resources](#) to view our Huron arrival information.

If you have any further questions regarding your arrival plan, please email studentlife@huron.uwo.ca.

BEDDING PROGRAM

Bedding can be bulky and take up too much space in your luggage. We are offering a 5-piece twin XL bedding set (Comforter, flat sheet, fitted sheet, 2 pillow-cases) plus 1 pillow for the cost of \$80.00 CAD. If you would like to take part in this program, be sure to select YES in your Arrival Plan.

You must be arriving to campus on Monday, August 31 to be eligible for the program.



* If you plan to live in Residence and are arriving on August 31st, you are eligible to participate in our Bedding Program. For \$80.00 (charged to your student account), we will ensure a 5 piece bedding set (comforter, sheets, pillow) is in your Residence Room upon arrival for you to keep. Would you like to participate in this program?

☒ Yes
☐ No

☒ Please acknowledge you will incur a fee of \$80.00 to your student fee account.

Save

Cancel

AIRPORT PICK UP PROGRAM

MONDAY, AUGUST 31, 2026



- Our team of International Student Officers (ISOs) will be at Pearson International Airport to welcome you to Canada at Terminal 1 or 3
- Transportation to Huron will be coordinated to support students arriving any time on Monday, August 31, if you have any questions or have a late arrival time, please email student.life@huron.uwo.ca
- Fantastic opportunity to meet peers
- We will rest, relax, and refuel at the Sheraton Gateway Hotel
- Food and snacks will be provided throughout the day

Travel Tip

The earlier in the day you arrive, the quicker you will make it through customs, receive your Study Permit.

INTERNATIONAL STUDENT MOVE IN DAY

MONDAY, AUGUST 31, 2026 9:00 AM – 6:00 PM

- If you are not taking advantage of the Airport Pick Up Program, we encourage you to move into your residence on Monday, August 31, 2026
- Members from the ISO team will be here to provide a warm welcome and support you with your belongings as you make your way to your new place in residence
- We encourage students to move in on Monday, August 31, 2026. This is the best way to fully prepare yourself for the upcoming International Welcome Week
- Our dining hall will be open for supper. Students and members of the ISO team, Don team and residence leaders will be there to join you for supper
- If you will be arriving later than **August 31, 2026**, please note move in times are from **9:00 AM – 6:00 PM Monday to Friday**
- Please indicate on your Arrival Plan your date and time of arrival. This information supports our team in providing you with a warm welcome to Huron University

Would you like to participate in the Airport Pick Up Program?

☐ Yes

☒ No

* Arrival Date in Huron

* Arrival Time in Huron

WHAT TO PACK – IMPORTANT ITEMS

KEY DOCUMENTATION

- ☐ Valid Passport & Canadian Temporary Resident VISA (TRV)
- ☐ Approved Study Permit
- ☐ Provincial Attestation Letter (PAL)
- ☐ Letter of Acceptance from Huron
- ☐ Proof of funds/Letter of Support from Parents
- ☐ List of important phone numbers
- ☐ Prescriptions in original bottles/packaging
- ☐ Money (not too much)
- ☐ Make copies of documents to leave at home with family
- ☐ Do **NOT** put these documents in checked luggage

UNIVERSITY HEALTH INSURANCE PLAN (UHIP)

- International Students are automatically enrolled in UHIP, and you will receive your UHIP card sent to your Western email address by COWAN Insurance. Be sure to activate and check it regularly.
- If you are arriving early, UHIP coverage will begin on August 10, 2026
- international.uwo.ca/student-services/new_students/health_care_and_wellness/university_health_insurance.html

WHAT TO PACK – PERSONAL ITEMS

ELECTRONICS

- ☐ Outlet Adapters (laptop/phone) – North American Adapter

CLOTHING

- ☐ Bring something traditional for formal dinners/events. We encourage purchasing winter clothes in Canada

TOILETRIES & ESSENTIALS

- ☐ Soap, Shampoo/Conditioner, Toothbrush and Toothpaste, Hairbrush, Towel, Deodorant, etc.
- ☐ Bedding is available if you are participating in our Airport Pick Up Program **OR** International Student Move In Day ONLY (cost is \$80.00 CAD)
- ☐ Items that remind you of home, photos, trinkets, items that bring you comfort

There will be an opportunity to go shopping during International Welcome Week for school supplies etc.

COURSE REGISTRATION

We ask all incoming students to attend our course registration session, which is hosted by our Academic Advising team! Our course registration session provides all the information you need to navigate course selection, academic policies and processes, program requirements and resources. Our Academic Advising team will guide you through the process and help answer all the questions you have about course registration. We offer course registration sessions virtually over Zoom. You are welcome to join as many course registration sessions as you wish. Once you have attended a course registration session, please reach out to academic.advising@huron.uwo.ca to let us know which program/module you wish to pursue, and we will connect you with your Academic Advisor. Your Academic Advisor will review your course selection and ensure you have chosen courses correctly for your desired program!

UPCOMING VIRTUAL COURSE REGISTRATION SESSION DATES JUNE/JULY 2026

Tuesday June 23, 2026, 10 AM
Wednesday June 24, 2026, 9 AM
Thursday June 25, 2026, 1 PM
Tuesday June 30, 2026, 9 AM
Tuesday July 7, 2026, 1 PM
Tuesday July 14, 2026, 10 AM
Tuesday July 21, 2026, 1 PM
Tuesday July 28, 2026, 10 AM

No Registration is required, simply log in **Western Zoom**, select the appropriate presentation link below

FASS session link:

[westernuniversity.zoom.us/s/94689857061?from=join#success](https://westernuniversity.zoom.us/j/94689857061)

BMOS Session link:

[westernuniversity.zoom.us/s/96060289627?from=join#success](https://westernuniversity.zoom.us/j/96060289627)

**Please note all times are EST*

INTERNATIONAL STUDENT OFFICERS (ISOs)

- Upper Year Student Mentors
- Paired with incoming International Students to provide support all year long
- Ensure students are transitioning well to Huron, University life and Canada
- Encourage participation throughout International Welcome Week
- Host campus-wide events throughout the year to keep you involved
- Most are international students with shared experiences ready to support YOU!
- Automatic Friends



INTERNATIONAL WELCOME WEEK

TUESDAY, SEPTEMBER 1, 2026 UNTIL FRIDAY, SEPTEMBER 4, 2026

- We invite Off-Campus Students to stay on campus for the week to be closer to the Huron community – select this in your Arrival Plan
- Accommodations (bedding) and meals will be provided for the entire week – Move out is Friday, September 4, 2026 9:00 AM – NO Exceptions
- Full Schedule of Events from 9 AM until 11 PM
- Bank Account Set Up, SIM Card Shopping, Shopping Trip, learning about Canadian culture, meet Huron Faculty, bonfire, University Life 101, Protect Yourself against Fraud, explore Downtown London, Trip to Grand Bend Beach, and MORE!



IDEAS FOR IWW SHOPPING TRIP

You will want to surround yourself with things that make you feel at home and comfortable such as posters, family pictures, etc. However, it is not wise to bring everything with you, given your luggage limitations. You may want to consider shopping for the following during International Welcome Week:

- Bedding and bed sheets (twin or twin XL) if not taking part in our Bedding Program
 - Linens (sheets, comforter, pillows)
- Towels and face cloths etc.
- Cleaning Supplies (Windex, Lysol, broom & dustpan, small vacuum, paper towel, etc.)
- **Burnlea Hall & Southwest Residents will need to provide their own toilet paper, hand soap, and washroom cleaning supplies.**
- Computer/Laptop, anti-theft device/lock
- Dishes – a couple of mugs/glasses, a plate
- One set of cutlery is plenty
- Hair dryer/curling iron/straightener
- Laundry basket, hangers, laundry detergent
- Small Fan
- Headphones
- Push pins/tacks for your bulletin board
- Small recreation equipment (roller blades, swimsuit, etc.)
- School supplies (paper, pens, binders, calculator, etc.)
- Cell Phone – SIM Card
- Toiletries and Personal Care Items – you may want to bring a robe and plastic container/shower bag to transport your toiletries to and from the washrooms
- Electrical power bar

HURON RESIDENCE TEAM



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Residence Manager, Operations
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KODY LUMLEY
Residence Life, Coordinator
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RESIDENCE DONS

- Upper year student, hired by Huron, to live on-campus, in residence and are assigned to a specific group of first year students
- Act as mentor and guide to assist first year students with their transition to post-secondary life
- Do nightly rounds to ensure the safety and security of Huron's residences
- Offer 'learning outside of the classroom' through social and educational programming in residence

housing@huron.uwo.ca



SUMMER UPDATES

Residence placements are in the final stages. Keep an eye on your Western Emails so that you are prepared for the next stage in the application process, which will involve signing your residence contract, the residence discipline code, the Huron Promise, and acknowledging the residence handbook.

WHAT **NOT** TO BRING TO RESIDENCE

- Candles and incense (these are not permitted in residence lit or unlit), oil lamps or any items requiring a flame
- Large speakers and stereos
- Subwoofers or base-bins for computers, stereos and musical equipment such as amplifiers
- Lamps/lights with halogen bulbs
- Black lights, lava lamps, spotlights or any colored bulb - become a fire hazard
- **Appliances including, but not limited to:**
 - fridges, dishwashers, freezers, clothing washers and dryers, microwave ovens, toasters/toaster ovens, hot pots, hot plates, rice cookers, indoor grills (e.g. George Foreman), crock pots, coffeemakers (drip or percolator), or other cooking equipment are strictly forbidden in residence rooms
- **Rent a mini-fridge from Huron's exclusive provider Coldex**
- Cooking and cooking equipment not only create sanitary problems but violate fire and safety standards
- Draperies/blinds
- Heaters or heat lamps
- **If under 19 years-of age:**
 - Cigars/pipes/hookahs or shishas/bongs/e-cigarettes/vapes

KEY NEXT STEPS

- Activate your Western Identity (email address) and check regularly
- Book flight to Toronto Pearson International Airport (YYZ) arriving by **Monday, August 31, 2026**
- **Complete your Arrival Plan by Friday, August 14, 2026**
- Sign up for a mandatory Academic Registration Session and register in courses
- Upload your photo for your Western ONECard, set up your Western Identity
- Review your University Health Insurance Plan (UHIP)
- Continue to monitor your uwo.ca email as **ALL** communications from Huron University will be sent to this email moving forward
- Follow [@huronstudentlife](#) on Instagram
- Get ready for your arrival to Huron!

If you still have any questions or concerns, please reach out to student.life@huron.uwo.ca.

SCAN OR CLICK ON THE QR
CODE TO LEARN MORE



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huronu.ca | [@huronuni](#)    