

Brief Course Outline

Course Title: Introduction to Psychology

Course Number and Section

PSYCHOL

1000 550

Instructor Name(s): Dr. Shelley Cross-Mellor

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Disclaimer: Information in the brief course outline is subject to change. The syllabus posted on OWL Brightspace is the official and authoritative source of information for the course.

Course Description:

An introductory survey of the methods and findings of modern scientific psychology. The following topics will be covered: history and methodology, biological psychology, sensation and perception, learning and motivation, verbal and cognitive processes, developmental psychology, social psychology, individual differences (intelligence and personality), and clinical psychology.

Learning Outcomes: one outcome per entry

- Compare and contrast different theoretical approaches to the study of psychology
- Understand psychology as a science, including research design and methodology used to approach the study of psychology
- Recognize the different structures of the central and peripheral nervous system and their functions
- Understand how language, motivation, and cognition influence behaviour; and the processes involved in human and animal learning
- Discover how we develop as individual human beings, with unique capacities and differences in a social context
- Recognize various psychological disorders, their causes and various treatment approaches
- Students will also have an opportunity, via voluntary participation, to have an active role in the research process and to experience directly how psychological research is performed

Textbooks and Course Materials:

Required Textbook:

Smith, S., Carter-Rogers, K., Atkinson, M., Mitchell, J., Passer, M.W., Smith, R.E. (2026). Psychology: frontiers and applications, Ninth Canadian Edition. Whitby, Ontario: McGraw-Hill Ryerson.

This course makes use of the CONNECT platform, an interactive site associated with our textbook. You will be completing the chapter quizzes on the CONNECT platform, therefore purchasing an access code is mandatory (\$99 for e-text + Connect; OR \$163.15 for e-text + Connect + print version).

Methods of Evaluation: one assignment per entry

Assignment	Due Date mm/dd/yy	Weight - %
Fall Midterm	10/27/26	15
Midyear Exam	December Exam Period	25
Spring Midterm	02/09/27	15
Final Exam	April Exam Period	25
Infographic	03/19/27	10
Online Chapter Quizzes	various	8
Research Participation	03/22/27	2

Wednesday, August 12, 2026

Huron Brief Course Outline 2026/27

For Textbooks and Course Materials (below), you are required to include the cost of each textbook or other learning material.

Note whether there are any restrictions that would prevent a student from using a second-hand copy. Here is some suggested text:

- Required textbook: [author, title, edition, publisher, date]. Cost: [insert amount].
 - Or include the weblink of the textbook’s publisher site that includes the cost information.
- Students need to purchase this edition. Second-hand or older editions will not be sufficient.
- OR Students are welcome to purchase second-hand or earlier editions of this textbook.
- This course has an optional field trip that costs [insert amount].
- This course has a required field component that costs [insert amount].

In solidarity with the Anishinaabe, Haudenosaunee, Lūnaapéewak, and Chonnonton peoples on whose traditional treaty and unceded territories this course is shared.